

NOTICE TO RESIDENTS LAUNDRY PRECAUTIONS

The CDC (<https://cdc.gov>) notes in their guidance that COVID-19 may be spread through soiled laundry (clothing, linens, etc.). They recommend the following precautions for anyone caring for symptomatic individuals, confirmed positive for COVID-19 or under investigation:

Wash laundry thoroughly.

- Immediately remove and wash clothes or bedding that have blood, stool, or body fluids on them.
- Wear disposable gloves while handling soiled items and keep soiled items away from your body. Clean your hands (with soap and water or an alcohol-based hand sanitizer) immediately after removing your gloves.
- Read and follow directions on labels of laundry or clothing items and detergent. In general, using a normal laundry detergent according to washing machine instructions and dry thoroughly using the warmest temperatures recommended on the clothing label.

For buildings with shared laundry rooms, it's important to observe the following best practices:

- Do not leave laundry unattended- carry it from your suite to the laundry room, utilize the machines, and return it to your unit;
- Do not shake laundry out in the laundry room;
- Wash your hands thoroughly before and after doing your laundry- avoid touching your eyes, nose and mouth. Wipe down any equipment you touch (please bring disinfectant and paper towels with you when doing laundry)